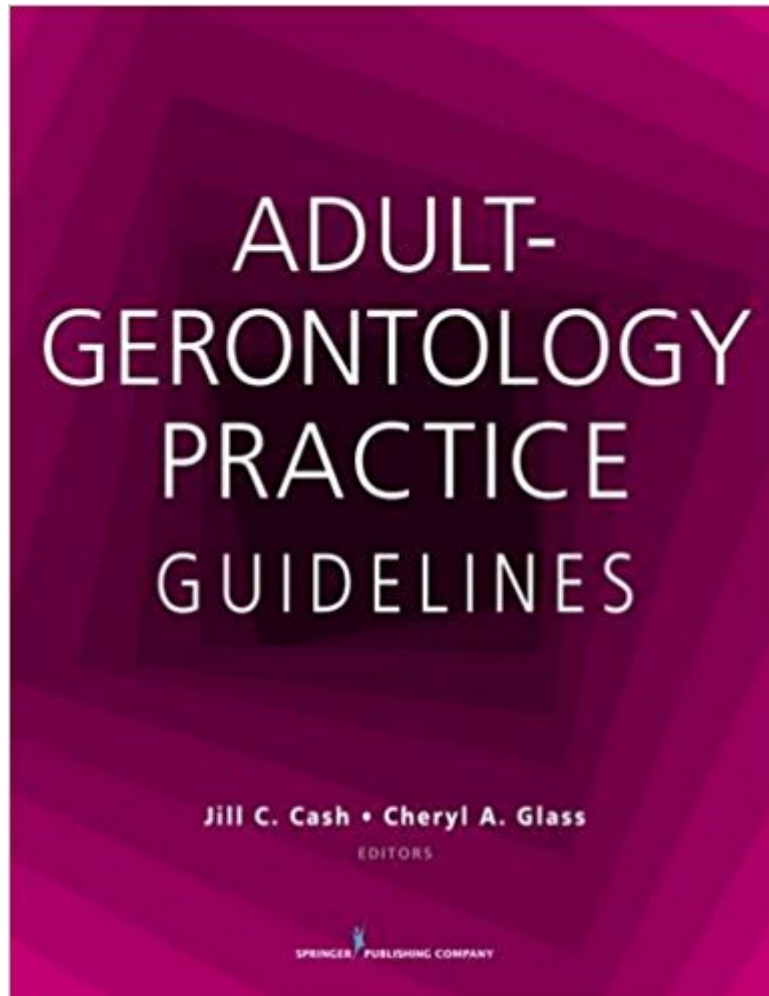




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Adult-Gerontology Practice Guidelines



Synopsis

Because of the way it is organized, this book meets the needs of both novice and experienced advance practice nurses. Each chapter defines the problem, how often it occurs, and what leads to the problem. To aid in assessment, the book includes the physical examination landmarks as well as diagnostic tests that might be needed. A plan of care is offered with several different alternatives for treatment and then notes what type of follow-up is needed. This would be a great resource for anyone working in the field of geriatrics...Score: 92 - 4

Stars! Carol Ann Siem, MSN, MU Sinclair School of Nursing, Doody's Reviews

The first book to encompass adult-gerontology practice guidelines for primary care, this comprehensive resource is designed as a text and reference for health care practitioners specializing as adult-gerontology nurse practitioners (A-GNP). It provides current national practice guidelines for delivering high-quality primary health care to adult, older adult, and pregnant patients in the outpatient setting. The book delivers chapters that focus on the older adult person, including a chapter describing the major effects of aging on each body system. For quick and easy access, practice guidelines are organized primarily by body system, disorders listed alphabetically within each body system, and each disorder presented in a consistent format throughout. With an emphasis on history taking, the physical exam, and key features of the aging population, each of the more than 240 disorder guidelines include definition, incidence, pathogenesis, predisposing factors, common complaints, other signs and symptoms, subjective data, physical exam, diagnostic tests, differential diagnoses, plan of care, health promotion including dietary recommendations, follow-up guidelines, and tips for consultation/referral. Particularly useful features include "Practice Pointers" highlighting crucial information for a disorder and bold-faced "Alerts" from experienced practitioners. The book also describes 19 procedures commonly used within the office or clinic setting. More than 140 Patient Teaching Guides are included (perforated for ease of use) as well as in digital format for customizing and printing. These include important information for patients about safety and medications. Appendices feature normal lab values and dietary guidelines. Key Features: Focuses specifically on the adult, older adult, and pregnant patient populations Delivers consistent presentation of more than 240 disorders by body system for ease of access Step-by-step review of 19 commonly used procedures "Practice Pointers" indicate highly important care points Includes more than 140 extensive Patient Teaching Guides for "take home" information Useful as a review text when preparing to take the A-GNP certification course and exam

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Customer Reviews

This was a fantastic review. The only thing I did not like is that you had to go in order and complete each section before attempting the review test after each section. Be prepared it is very time consuming.

I like this book as a guide for studying for the boards. Great format to follow and very informative in each topic. Thank you, helped with passing the NP boards.

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